

The Signature Times



READ ALL ABOUT IT!

Hello everyone!

Welcome to Octobers newsletter.

The headline news is that WE WON the Amica care Garden Competition with a Tropical theme for our entry. Well done to everyone who worked hard to make our entry such a success! On September 10th we were presented with the prize, £200.00 for the residents fund for our Garden! Many of the residents attended the prize giving and were very proud.

We have two trips to report, one was to the Lookout Café, Portland in the morning, where some of the residents enjoyed tea and cakes and a pleasant time looking out to sea. Despite it being a dull day they all enjoyed themselves. Another group enjoyed the Sea life Centre in Weymouth in the afternoon. They were amazed at the colours and shapes and sizes of the fish. The seals and penguins were everyone's favourites especially when one of the seals came right up to the glass and looked at us for ages!

We were due to go on a trip on the Freedom boat but the weather was against us so we had to cancel. We are looking forward to next year when they are due hopefully to have a larger refurbished boat.

Signature House Singers

At the beginning of the month we had our first meeting of the choir and decided what we will be singing at our recital. Which will be on **December 2nd at 11am**. We are lucky to have Josh from 'Musica' to accompany us on the day.

We had a wonderful afternoon of Greek dancing with Yiannas. Residents were either up dancing or chair dancing to the music, the staff were also 'persuaded' to join in!

Craig from Communitfit continues to visit to help keep the residents as fit as possible. These sessions are fun for everyone as we all compete to see who can do the exercises the best.

Knit and Natter Group

We are starting a knit and natter group on a fortnightly basis on Sundays starting 11am 20th October.. If you are interested pack up your needles in your old knit bag.....and come along for knitting or nattering ...or both! **You don't have to be an expert knitter as we are only knitting squares to make blankets to send to animal shelters. Relatives and friends are very welcome to join us!**



FILM FUN

On **October 20th** we are hosting a Film, Photo and songs afternoon entitled 'The Way We Were' a light-hearted pictorial of the 1950's.

Everyone including family and friends are invited to this fun look at the past. We will be enjoying refreshments in the interval and the whole entertainment will take place between 2.30 and 5pm.

We shall be asking for donations to raise money for our residents amenities fund .



Christmas Fair

The residents have been busy making goods to sell at the Christmas Fair on **November 30th** we are looking forward to welcoming one and all to help us to raise money for the residents amenities fund.

Bring the children to see Santa in his Grotto where they will receive a small gift.

There will be crafts stalls selling some great gifts, Raffle and Tombola, Children's games, Refreshments, entertainment and more!

Please come along and support us between 2pm and 4pm.

Do you have any favourite recipes?

Residents had a busy morning making vegetable soup which they then sent to the kitchen to cook. Later they had the pleasure of good hot bowls of homemade soup. We are expanding our cookery groups from making just cakes, although we shall still be baking them! Who knows what next month will bring?

Would you let us have any simple recipes you may have enjoyed cooking, that we can use in our cookery groups with the residents. Sweet or savoury.....must be quite easy with not too many ingredients please! Perhaps a recipe from the past.....or wartime!



Poem of the Month

We know that Autumn's on its way, When Farmers start to cut the hay
and trees begin to lose their leaves and winds start blowing in the eaves.
A time of sun and golden days and mornings with an Autumn haze
Swallows leave their nests to fly to warmer climes, summer goodbye!

Jenny Webster— just a quick poem!

[Are you a bit of a poet? Why not let me have one of your poems to publish next month?](#)



Halloween



Preparations have been underway all month to celebrate Halloween. We have been making spooky items to decorate the sitting rooms. Lots of webs and spiders will be appearing on the 31st!

There will be a Halloween Tea Party on the 31st at 3pm where everyone will be welcome to join us!

Christmas Cake



On October 29th we shall be asking all residents to stir the cake mixture and make a wish. We shall then print the wishes and put them on the 'Wishing Tree' then we will grant as many as possible!

The residents were asked earlier in the month which ingredients they like to have in the Christmas Cake and Jody our Chef is following the chosen recipe to produce cake for the residents to decorate for the Amica care competition.

Amica

Care Trust



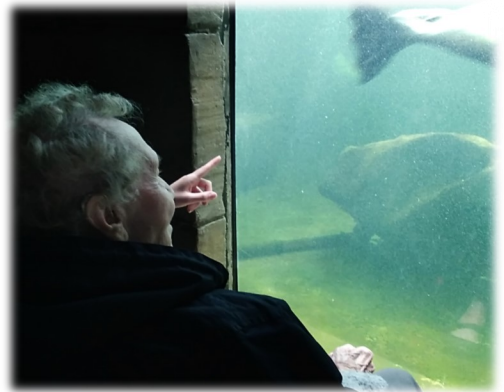
Residents are making 'Button Boxes'



Making cakes and soup brings back good memories



Exercise with Craig



Sea Life Visit



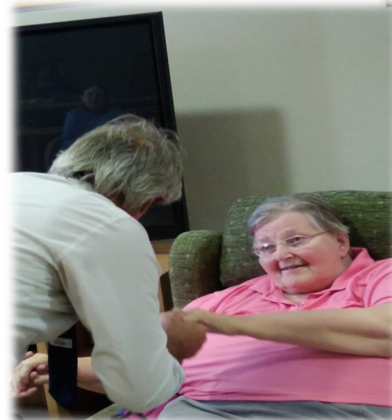
Art with Creative Minds



Mark, 'Mr Piano Man' entertaining



Greek Dancing with Yiannas



COMING UP... in November



- 1st-Mr Piano Man - Mark
- 3rd- Knit & Natter (then fortnightly)
- 4th-Musica
- 4th-Shop Trolley (Then every Monday)
- 11th -Creative Minds
- 12th- Creative Clay
- 25th – Brenda singing
- 30th- Christmas Fair



For Your Diary, Looking Ahead to Christmas and New Year!

- 30th November -Christmas Fair
- 2nd December—Choir Recital with Musica
- 6th December- Mr Piano Man- Mark
- 9th December - Creative Minds Christmas Project
- 10th December-Dave Marshall Duo
- 12th December—Jane and Pretzel
- 16th,17th,18th - Christmas afternoon tea on each Floor
- 19th - Christmas Party Eldridge Room with a 'Silent Disco' Everyone Welcome!
- 20th - Carol Service by visitors from the Church
- 21st- Yiannas Greek Dancing, Eldridge Room
- 23rd - Carol Singing all Floors
- 24th - Mulled Wine and Mince Pies and Christmas Films in the afternoon
- 25th - Father Christmas Visiting!
- 31st - Curly the Busker singing and playing guitar and mandolin
- Jan 1st -Mocktails and Nibbles—Eldridge Room
- January 3rd- Cinderella Pantomime
- January 6th—Musica

Just to get you in the mood!

A Halloween quiz

I. Say whether the following statements are true or false. Write down the letter listed under your answer.

(Example: if "TRUE" says H, then write down an H ☺)

	TRUE	FALSE
1. Halloween came from the USA.	G	P
2. It is celebrated on the last day of October.	U	A
3. Children find presents under the trees.	K	M
4. People have costume parties.	P	L
5. The main symbol of Halloween is a big cucumber.	N	K
6. Children walk from house to house and say "Merry Christmas!"		E I
7. This is a magical day when the spirits of the dead come back to Earth.	N	B
8. If spirits see scary masks, they go away.	P	S
9. The lantern made from a pumpkin peel is named Johnny.	O	I
10. If children don't get sweets, they rob your house.	A	E

SOLUTION: _____



Congratulations Kate!

Our Head Housekeeper & Admin, Kate ran 243Kms over a period of 2 months to raise money for the Alzheimer's Society.

She managed to collect £250.00 for the charity.

Well Done Kate!



Managers Column

And now over to our manager, Kerry

Wow we have had a busy couple of months! And its nearly that time of year...dare I say Christmas! We are all getting ready for the festive season.



As you know we have been raising funds for a Magic table for our residents, in September the home held a 5k run and fun day! With the support of Craig our exercise Guru! It was such an amazing day and a big thank you to Kate & Jasmin for all their hard work organising the event!

As a result we raised £1,782.61 !!! Fantastic thank you to everyone who took part we cannot express how much it means to all of us!

The total now raised is **£6,782.61** this is amazing, I can now announce that Amica Care Trust will support us with the outstanding amount **which means we can now purchase the magic table!** The order has been placed and it is being made for us so I am hopeful it will make a great Christmas present to our residents!



Again thank you everyone who has contributed to fund raising this year what an outstanding result!

A reminder of residents meetings for November

A whole home relatives meeting will be held on 12 November 2019 at 6pm please come and join me I would like to share some important information with you all.

1st floor community - 12/11/19 at 11am

2nd floor community - 14/11/19 at 11am

3rd floor community 14/11/19 at 2pm





With deepest sympathy



Valerie

Maureen

Alan

Penny

To the families of those who passed, we send our deepest sympathies. They will be missed by everyone at Signature House.

If you have any questions about Activities please speak to Jenny—
Lead Activities Co-ordinator.

Until next time thanks for reading!

Thank you to our sponsors who made our fun run possible!

